

Not for SALE:
Young Talk
is FREE

Sex education for
primary schools

Youngtalk

Vol. 9 No.5
May 2006

- Know your rights
- Stay in school
- Wait to have sex

Life is more valuable than money

A man gave me 10,000/- and told me to buy earrings, handkerchiefs and Vaseline. Then he asked for sex. But I said I did not have condoms and I was not ready for sex. I took the money to my parents and told them about the man. They reported the case to the village chairman. The man was arrested. Fellow pupils, I advise you not to accept money in exchange for sex. Read **Young Talk** and get knowledge on how to stay safe. Read your books for a better future. **Girl, 13, P6, St John's Junior School, Fort- Portal**

Money is good but it cannot compare with your life. Some people may give you money expecting you to pay back through sex. This is dangerous. It may expose you to HIV and early pregnancy. Say NO to money offers.

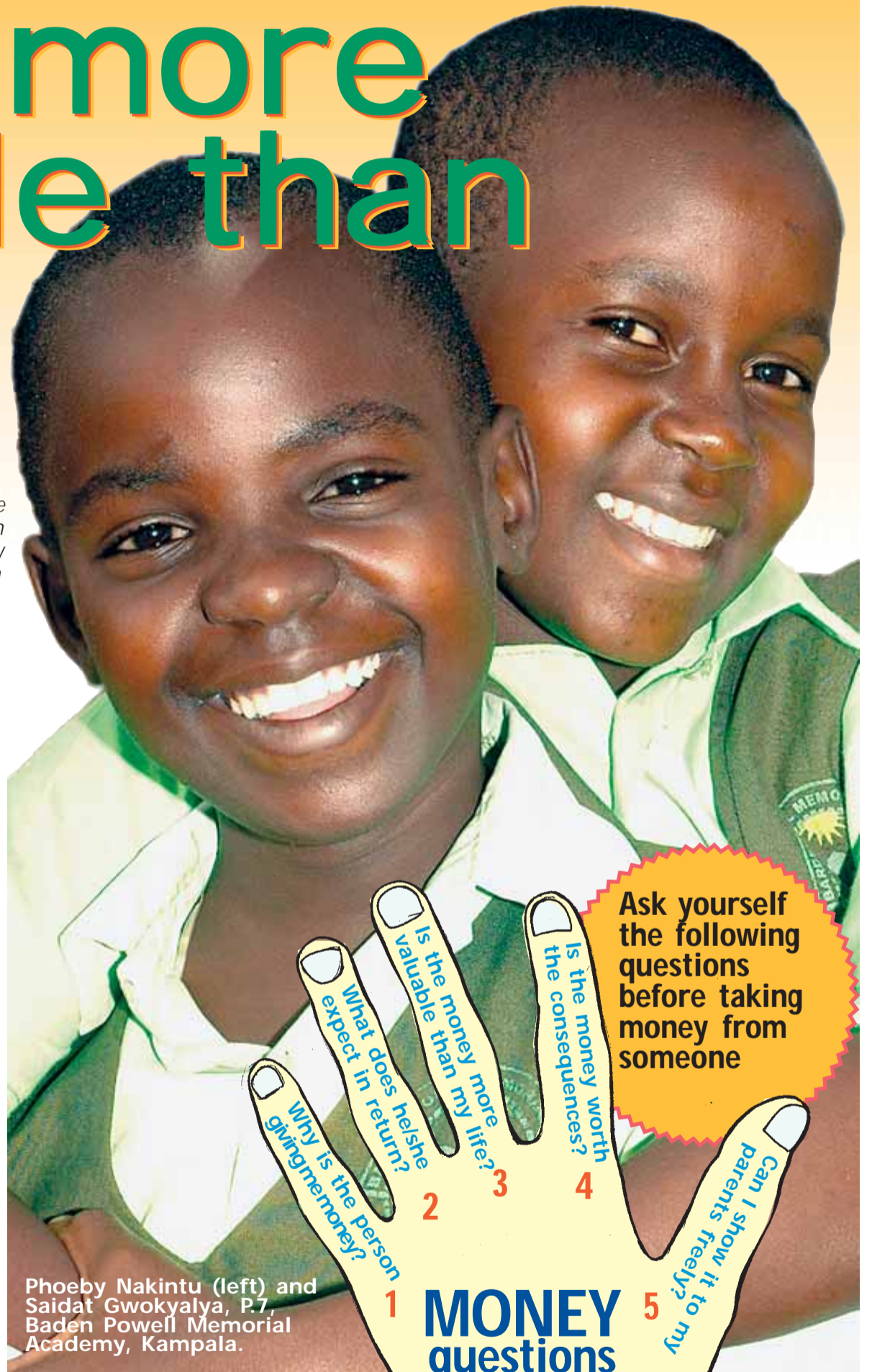
In March, *Young Talk* run a quiz: Have you ever been offered money for sex? Who gave you the money? What did you do? We received 67 letters. Young Talkers said they receive money from house helpers, teachers, neighbours, uncles, boyfriends and step fathers! You must be wondering what happened!

► I refused the money

A butcher man in our trading center always told me that he had my message. One day I went to buy meat and he told me he loves me and wants to sleep with me. I warned him never to say it again or I would report him. I met him a few days later and he offered me money but I refused. I told him to go to church and get saved. He was wearing a rosary so I told him to pray and forget me. The next day, I reported him to my teacher who told the head teacher and they talked to the man. On Sunday, I told the priest about it since the man also served as an usher in church. The man was ashamed. He was told to apologise to me. Since then he treats me as his own child.

I advise young girls always to refuse money. Study first, get jobs and earn your own money.
TL 15, P7, Wambabya PS, Hoima

Read more on page 2



Phoeby Nakintu (left) and Saidat Gwokyalya, P.7, Baden Powell Memorial Academy, Kampala.

Ask yourself the following questions before taking money from someone

- 1 Why is the person giving me money?
- 2 What does he/she expect in return?
- 3 Is the money more valuable than my life?
- 4 Is the money worth the consequences?
- 5 Can I show it to my parents freely?

MONEY questions

In April *Young Talk*, we introduced a Grand competition and grand prizes for pupils, teachers, schools. See your April issue for details.

TERM II GRAND COMPETITION - GRAND PRIZES

I have read this issue of *Young Talk*. What I enjoyed was:.....

What I learnt was:.....

My name is..... age..... My school.....

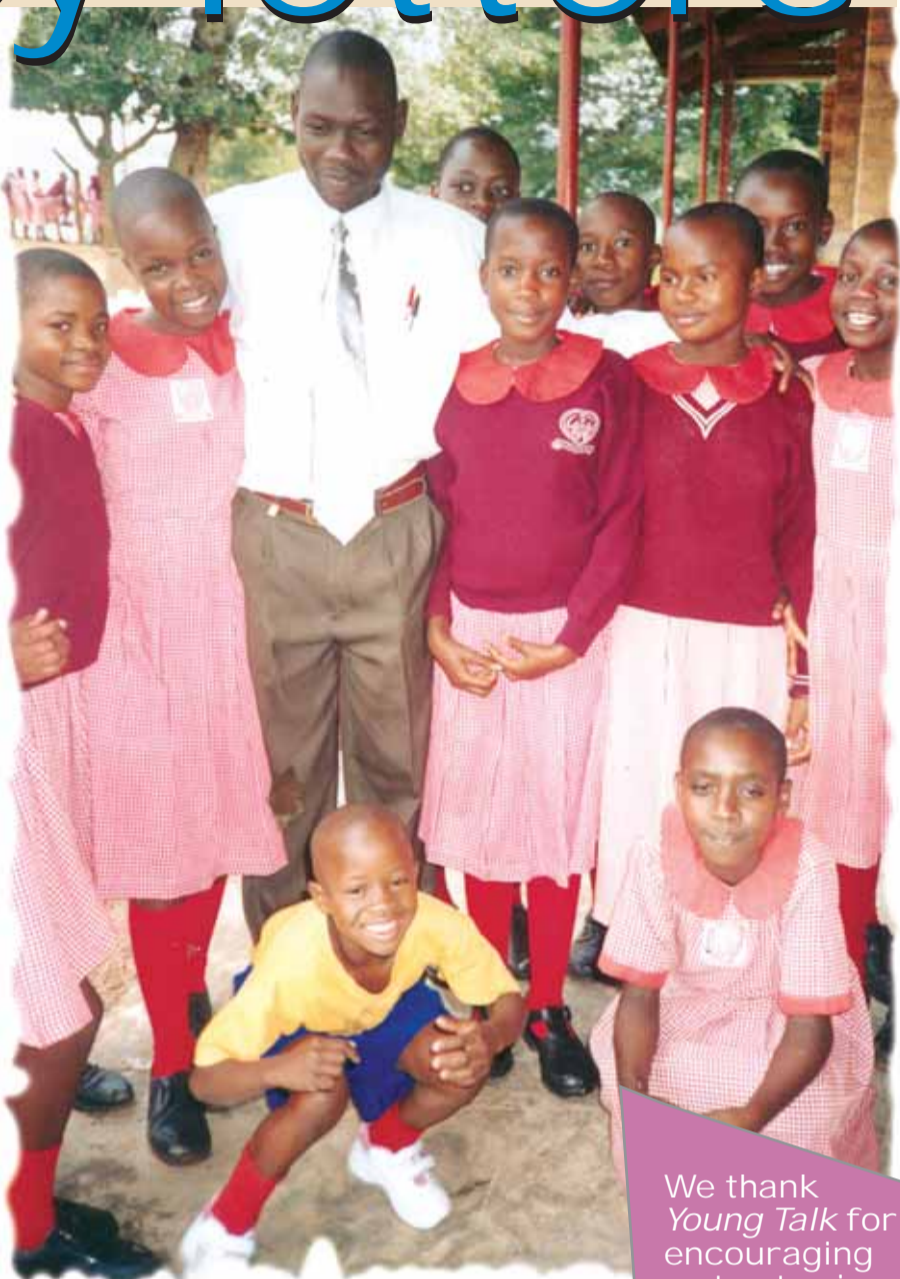
My *Young Talk* teacher.....

See competition guidelines on pg 2

YOUNG TALK IS FOR TEACHERS AND PUPILS IN P5, P6 AND P7



Money letters



Got an infection

I have a 15-year-old boyfriend. One day he asked me to have sex with him because the money he was giving me was too much. So I had sex. After, I started feeling pain in my stomach. What I can do?
FN P6, Kasese Muslim PS
 Go to a nearby health centre for medical check up and get advice on how to stay safe.

My classmate offered me money for sex but I refused. I reported him to the teacher and he was called and advised to stop. He came to me and apologized. **Adoch Fiona, Masindi Public PS**

My stepfather offered me money but I refused. I reported him to my grandmother and older sister. I also told my teacher who advised me to report to the LC1 chairperson, if he insists on his bad acts. **Girl, 15, P7, Kabukye PS, Kamuli**

A teacher once offered me money and I reported him to my parents. **Girl, P6, Komyampererre PS, Fort Portal**

Made an alarm

I was coming from school and met my uncle's neighbour. She gave me 2,500/= and 2 pens. After a few days, she added me 1000/- plus a packet of Mirinda juice. She asked to go with me to her home. When we got there, she invited me to her bedroom but I refused to enter. She tried to force me but I made an alarm until the neighbours, including my uncle gathered. I was not hurt. But the woman was arrested and she paid a fine of 200,000/-.

I thank *Young Talk* for teaching me how to escape from such dangerous situations. **Muwanguzi Victor, 12, P5, Mbehenyi PS, Busia.** Well done!

Got pregnant

I used to get money from a village man. When he asked for sex I accepted because I was blind folded with money. I got pregnant and dropped out of school. **Girl, 14, Kampala**

New dress

A secondary school student gave me money. I bought a new dress and shoes. **Nakwalu Loy, 14, P7, Kabukye PS, Kamuli**
 Though money may buy you nice things like dresses, shoes, be careful. You may be asked to pay back through sex. This is dangerous.

Advice

I advise all children especially girls to say no to gifts for sex. No matter how poor you are do not have sex for gifts, favours, money or things. **Nasimbwa Irene, 13, P7, Star Bright Future Infant**

A working man offered me money for sex but I refused it. I reported him to the senior woman teacher. **Karungi Letitia, P7, Komyamperre Fort-Portal**

Told him off

A classmate once offered me money but I refused it. I told the boy that my body is not for sale. And my parents are not poor. They give me everything I need. I reported him to the senior woman teacher and my parents. The boy was warned and told not to misuse his body for sex. He never did it again. **E Birungi, Komyamperre, PS, Fort Portal**

Well done, assertive girl. Keep it up!

Got an STD

One day I was going home in the evening from the well. I met a stranger who seemed to know me. He was a respectable man in the village. He greeted me and said he wanted to escort me home. But I refused. Another day, he waited for me at the same place. He gave me money and afterwards asked for sex. I took the money and went home. That evening, I found him at the well. He gave me 5000/- more. We went to the nearby bush to have sex. Later I told my parents about it and the man was arrested. My parents took me to the hospital for check up. I had an STD. **VK, Kasubi COU PS, Kampala**

Sorry! Next time refuse any offers from strangers

We thank *Young Talk* for encouraging us to stay in school: Pupils of Mubende Parents School

The good and bad of money



Money is used to meet basic needs. But lack of basic needs does not mean taking money offers in exchange for sex. Talk to a responsible adult to advise you about healthy ways to earn money. How about growing crops for sale? Boiling or roasting cassava, maize for sale? Talk to someone today. Many young people are studying but also doing small businesses to earn money for basic needs.

Sex in exchange for **money** or **gifts** is **dangerous!**



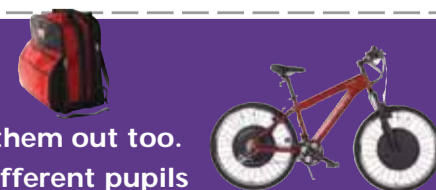
For teachers: mobile phones, watches, bicycles

For pupils: school bags, bicycles, watches, maths sets

COMPETITION GUIDELINES

- Fill in the competition coupon on page 1
- Cut it out and keep it safely, await the June and July issues. Fill them out too.
- For schools to qualify they must send at least 20 entries from different pupils
- To enter the draw send to *Young Talk* three coupons from the May, June and July issues at once.
- P5 - P7 pupils only can participate and enter their *Young Talk* teacher and school for the draw.

Closing date: July 31





Young Talk is informative: Pupils of Amahoro Young Talk club, Hoima, pose for a picture

I'm in love with my classmate. I'm not studying well due to shyness. What should I do? RO, 15, P6, Tiger Army PS, Mubende
Having love feelings is normal. But you can control them. Keep yourself busy with some activity like sports, to control such feelings. Do not let feelings prevent you from achieving your future goal. Think about the most important things in your life. Avoid anything that can stop you from achieving them.

There is a girl who touches my penis in class. She says I should have sex with her and yet people say she has HIV. What should I do to stop her and yet she is stronger than me? TF, 15, P7, Pulum Alala PS, Parombo, Nebbi
Tell her firmly to stop touching you. That is sexual harassment punishable by law. If she continues, report her to your teacher and ask to be changed in terms of classroom seats. Also, you cannot tell a person's HIV status by merely looking at them.

Sometimes I feel pain after urinating. My friends say that it is a normal change during adolescence. Is it true? Parape-O-Fred, Pulum Alala PS, Nebbi
No. You may be having an infection in the urinary system that needs to be treated. Visit a clinic for medical check up, treatment and more advice.

Why do some boys of 10-20 years develop breasts and they start to bring out water? Kakooza R. Noah, 14, P7, Nakigulube PS, Nakaseke
This happens because of hormonal



Young Talk has taught me to be confident: Prefects of ST Mauritius School, Mubende, swearing in.



Young Talk club members, Kikyoo SDA PS, Bundibugyo

changes in their bodies at that stage. Boys also produce female hormones in small quantities, which may lead to breast development. The breasts may appear at about 14 years but usually stops at about 20 years. Do not squeeze or press them. They will go naturally.

I have a friend in secondary school who says I can dodge making a girl pregnant, if I have sex. But my Science teacher (PIASCY) says I cannot dodge it. What is the truth? Rwabware Bosco, 11, P7, Iryaruvumba PS, Kisoro
Your teacher is right. You risk making a girl pregnant each time you have sex. You also have a high risk of acquiring STDs such as HIV/AIDS. Say no to sex.

I have a friend whose testicles become bigger sometimes. What disease does he suffer from? What can he do to prevent the disease? George Ssewamala, Secretary Young Talk club, Nakigulube PS, Nakaseke
Advise him to visit a health centre for check up. A likely cause will be found and the right treatment given.

I would like to warn big boys who touch touch us and disorganize our feelings to stop. That is bad! Nandyona Edith, 12, P7, St. Augustine Academy
Yes, I do agree. It is not acceptable to touch someone against their will in the way you describe. Well said Edith!

We feel comfortable for the guidance given to Ugandan children through Young Talk club and its moral services. Young Talk Club members Kikyoo SDA PS, Bundibugyo
Thank you so much. We hope more young people will appreciate our efforts. Stay Safe.

Counsellor: Dr. Micheal Mulwooza

Habits of effective young talkers

Get into the habit of reading **Young Talk**. It has valuable information for your health and education.



Read in groups and discuss what is written in **Young Talk**. Invite a teacher to be part of your discussions so that he/she can explain to you what you do not understand.

*I have learnt many things from **Young Talk** such as menstruation periods and looking after my private parts. My worries on body changes are now gone. I share **Young Talk** with villagers.*

Kayesu Hope, P7, Kinuuka Model PS, Lyantonde

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